A project of Manav Sehyog Society (Regd) Estd. 1973



MANAV SEHYOG SCHOOL | Jalandhar, Punjab

Affiliated to CBSE Vide No. 1630448 (School Code: 20435)

SESSION: 2025 -2026

GRADE: NURSERY



LIST OF BOOKS

Sr. No.	Books Name
1	Alpha fun (Level 1)
2.	Number Max (Level 2)
3.	Zoom Plus (General Awareness)
4.	Zoom Plus (Art and craft)
5.	Zoom Plus (Story book)
6.	Zoom Plus (Rhymes)

APRIL

SUBJECT	MONTH	TOPICS COVERED
		1. Communication Skills:
Language		Simple commands: -
Developmen		(Sit, Stand, Cry, Laugh, Walking, Run)
t(English)		 Magic words (Thank you, Welcome)
		Sight words:-I.
		2. Listening Skills
	OG	ORAL:
	24	Simple
	W /	Instructions: -
	3	❖ Sit down
1	April	❖ Stand up
12		❖ Keep quiet
3		Revision of Capital letters with
2		Phonetic sound (A-Z).
		3.Written:
		* Standing lines, sleeping lines, Slanting lines, Curves.
	- III	Story: -
	500	The lion and the mouse. (Page. No: -19-23)
	ON.	Rhymes: -
	·V	*Welcome Song.
		* Teddy Bear.

Numerical Concepts(Math)	April	1.ORAL: *Shape: -circle. *Big and Small, Up and Down. *Counting 1 to 5 2.WRITTEN: *Counting: -0,1,2 (Tracing and Identification of Numbers and Objects. *Book page no.:-(05-14)
General Awareness (Environmental Studies)	April	Topics covered: I and My family. • My name • My Age • My Family 1. What is your name? Ans: - My name is
Fine Motor Skills	April	Ans: - I study in Manav Sehyog School. Drawing: - • Scribbling (Page. No: -41,42) • Colouring of the Ball and Balloons • Colouring the objects related to Circle shape. • Clay: Making of the ball • Book Page number: 7,9,11,13.
Intellectual Developmen t(Cognitive)	April	Skills: Colour Exploration Listening and responding to simple commands
Socio- Emotional Development	April	Self-awareness:

Gross Motor Skills(Physical Development)	April	Fun /dance exercise: Shake and move Catch and throw the ball- game Yoga: Anulom - Vilom
Aesthetic Development	April	❖ Sounds and recognition of musical instruments (Harmonium, Dholak)
Hindi Rhymes	April	बिल्ली बोली म्याऊं म्याऊं बिल्ली बोली म्याऊं म्याऊं किसको खाऊं किसको खाऊं तीन चूहे थे मेरे आगे मुझको देखकर जोर से भागे मुझको देखकर जोर से भागे बिल्ली बोली म्याऊं म्याऊं
Activities/ Celebrations	April	 Yellow Week Baisakhi Celebrations (12-04-2025 Blue Week (4-4-2025 to 18-4-2025) World Heritage Day (18-04-2025) Green Week Earth Day Celebration (22-04-2025) Story Day (25-04-2025)
Assessment	April	

MAY

SUBJECT	MONTH	TOPICS COVERED
Language Developmen t(English)	MONTH	1.Communication Skills: Simple commands: - *(Stop, and Clap, Crawl, Eating, Sleeping.) Magic words: (Sorry, please) Sight words: - Me. Listening Skill (Oral): - Simple Instructions: - *Listen to the teacher. *Take out your fruit box/lunch box. *Go to your seat. WRITTEN:L, T, H, I Book page no.: 40-42,65-67,27-32.
		RHYMES: - * Twinkle Twinkle. Story: - *The Thirsty Crow.

		ORAL: -
		❖ Shape: -Triangle.
		❖ Fat and Thin, Under and Inside
		❖ Counting (1-10)
Numerical	May	2.Written: -
Concepts(Math)	May	❖ Counting: -3, 4, 5
		 (Tracing and identification of numbers
		and objects.)
		❖ Book page. No: -(15-30)
		CCHO
General Awareness	000	❖ Parts of your body
(Environmental	May	
Studies)		Book Page no. :11-14
11/2		Drawing:
11 37		Free hand drawing (Scribbling)
12		Draw a Circle.
Fine Motor Skills	May	Activity:
2		Colour the objects
		related to circle
11.0	A Y	shape.
Intellectual		Skills:
Development	May	Colour Exploration
(Cognitive)		Listening and responding to simple
(338)	CA	commands
	- V	Self-awareness:
Socio-Emotional	May	❖ Personal hygiene (Hand Washing)
Development	way	❖ Emotion Recognition
		❖ Circle Time Sharing of Feelings
		Fun /dance exercise:
Gross Motor Skills		❖ Shake and move
(Physical	May	Catch and throw the ball- game
Development)		Yoga:
		❖ Anulom - Vilom

Aesthetic	Mov	Sounds and recognition of musical
Development	May	instruments (Harmonium, Dholak)
Hindi Rhyme	May	हाथी राजा कहां चलें हाथी राजा कहां चलें सूंड हिला कर कहां चलें हाथी राजा कहां चलें सूंड हिलाकर कहां चलें मेरे घर भी आओ ना हलवा पूरी खाओ ना आओ बैठो कुर्सीपर कुर्सी बोली चटर पटर
Activities\ Celebrations	May	 Red week: - (28.04.2025-03.05.2025) Labour day (1.05.2025) Diet, Physical week (05.05.2025-09.05.2025) Mother's Day (09.05.2025) Mental health awareness week (12.05.2025-16.05.2025) English reading activity (15.05.2025)
Assessments	May	19.05.2025 to 23.05.2025

JULY

SUBJECT	TOPICS COVERED
Language Development (English)	Communication Skills: Simple commands: - Start-Finish, Shout-Quiet, Front-Back, Drinking -Eating Magic words (Please, May I) Sight words: - He, She. Listening Skills
Jul	Simple Instructions: - Don't talk in the class. Respect others.
	 Let's start. Revision of Capital letters with Phonetic sound (A-Z). Rhyme: -

		Jack and Jill
		❖ Story: "The Thirsty Crow."
		WRITTEN: ❖ Capital Letters: A, B, C, D
		Book page no.: 5 to 16
	ي الماري	ORAL: Shapes: Big and Small, Long and Short
Numerical Concepts(Math)	July	☐ Counting 1 to 15. WRITTEN:
	110	❖ Counting 6, 7, 8. Book page no. :(31-48)
General Awareness (Environmental Studies)	July	Topics covered: Sense Organs: (Eyes, Ears, Nose, Tongue, Skin). Book page no.: (15 to 20) Q: -How old are you? Ans: -I am years old. Q: -What items are present in your classroom? Ans: -I see in my classroom.
Fine Motor Skills	July	Drawing:
Intellectual Development (Cognitive)	July	Skills: Colour Exploration Listening and responding to simple commands

Socio-Emotional Development	July	 Self-awareness: Personal hygiene (Hand Washing) Emotion Recognition Circle Time Sharing of Feelings
Gross Motor Skills (Physical Development)	July	Fun /dance exercise: Shake and move Catch and throw the ball- game Yoga: Tad asana
Aesthetic Development	July	❖ Sounds and recognition of musical instruments (Harmonium, Dholak)
Hindi Rhymes	July	आज मंगलवार है आज मंगलवार है आज मंगलवार है, चाहे को बुख़ार है, चाहा गया डॉक्टर के पास, डॉक्टर ने लगाई सुई चूहा बोला उई उई उईईई
Activities/ Celebrations	July	 Mission Hariyali (07.07.2025) Punjabi Hindi language week (07.07.2025-11.07.2025) Drawing competition (18.07.2025) Bubble activity (25.07.2025) Story day (30.07.2025)
Assessments	July	

AUGUST

SUBJECT	MONTH	TOPICS COVERED
Language Development English)	August	Communication Skills: ❖ Simple commands: - *Breathing, Sweating, Crying, Hopping. ❖ Magic Words: (Sorry, Excuse me) ❖ Sight Words: - We, You. ❖ Phonetic (Oral)
	NOG SC	Listening Skills ORAL: Simple Instructions: - *Stay in your seat. *Look at the board. *Don't run.
19/	35	 Rhymes: Rain- Rain go Away. Stories: The Red Ball. Book page. no: -14 to 18. WRITTEN: -Upper case letters: -E, F, G, H. Book page no.: - 17 to 29
Numerical Concepts (Math)	August	ORAL:
	300	Book page no.: - (49-58)
	August	Matching Games- Shapes & Colours Nature's Walk
Intellectual Development (Cognitive)		

	August	Self-Awareness:
Socio-Emotional		Life skills:
Development		❖ I keep myself clean (hanky folding)
		 Story Telling on Moral Lessons
Gross Motor Skills (Physical Development)	August	Fun/ Dance Exercise:
Aesthetic	August	Freeze Dance
Development		Prayer- We Shall Overcome
Hindi rhymes	August	*पानी बरसा छम छम छम पानी बरसा छम छम छम पानी बरसा छम छम छम छाता लेकर निकले हम, पैर फिसला, गिर गए हम, नीचे छाता, ऊपर हम
Activities/ Celebrations	August	 Mud day (02.08.2025) English week (04.08.2025-08.08.2025) Raksha Bandhan (08.08.2025) Teej (07.08.2025) National symbol week (11.08.2025-14.08.2025) Independence Day (14.08.2025) Janmashtami (13.08.2025) Story day (28.08.2025) Rain party (29.08.2025)
Assessments	August	18.08.2025-22.08.2025

SEPTEMBER

SUBJECT	MONTH	TOPICS COVERED		
		Communication skills: ❖ Simple commands: - *Crawl, Hop, Pulling, Pushing, Catch, Throw. ❖ Magic words: You're welcome ❖ Sight Words: My		
Language Development (English)	NYOG !	 Phonics sound A to Z. Listening Skills ORAL: Simple Instructions: - *Clap your hands. *Please wait. *It's time to eat. 		
11 9		* Rhymes: Bits of Paper		
MA		* Stories: The Red Ball (Page no. 14 to 18) WRITTEN: \$\displays \text{J, K, M, N.}		
1 2	0.6	Book page no.: - (33-39 and 43-48)		
		ORAL:		
		Biggest and Smallest, More and Less.		
Numerical Concepts		Recognize of numbers 1 to 25.		
(Math)	-	WRITTEN:		
	13	❖ Counting: 11 to 15		
	35/	Book page no.: (59-66)		
	SVV	Topics covered: ❖ Farm Animals (cow, sheep, goat, camel, horse)		
		 Wild Animals (lion, tiger, elephants, zebra) 		
General Awareness		Book page no.: - (49 to 52)		
	September	Q: - What is your father's name?		
		Ans: - My father's name is		
		Q; - What is your mother's name?		
		Ans: - My mother's name is		
		Q: - Where do you live?		
		Ans: - I live in		

Fine Motor Skills Intellectual	September	Drawing:	
Development(Cognitive) Septemb		Observation of Surrounding Popping Bubbles	
Socio-Emotional Development	September	Self-awareness: How to peel fruits Feeling faces collage	
Gross Motor Skills (Physical	September	Walking on a straight line Warm up routine.	
Aesthetic Development	September	❖ "One two cha cha cha".	
Hindi rhymes	September	*गोल गोल सूरज गोल, चंदा गोल, मम्मी की रोटी, गोल गोल पापा का पैसा,गोल गोल दादा का डंडा, गोल गोल दादी का चश्मा, गोल गोल हम भी गोल, तुम भी गोल सारी दुनिया, गोल मटोल	
Activities/ Celebrations	September	Seed germination (05.09.2025)	
Assessments	September	.	

OCTOBER

SUBJECT	MONTH	TOPICS COVERED
		Communication Skills:
		❖ Simple Commands:
		*Walking, looking, Blinking.
		❖ Magic Words: Hello.
		❖ Sight words: you, yours.Listening SkillsORAL:
		❖ Simple Instructions:
Language	06	*Share your toys.
Development(English)	October	*Clean your class.
	4	*Wash your hands.
1/ 9		❖ Rhymes: Are you sleeping?
12		Stories: The four little chicks.
3		❖ (Book Page no.: 24 to 28)
2		WRITTEN:
		❖ O, P, Q, R
		Book page no.: - (49-61)
30.00	The little	ORAL:
N	30	❖ Full and Empty.
Numerical Concepts	October	Recognize the numbers 1 to 30. WRITTEN:
(Math)	9VI	Counting: 16 to 20.
		Book page no.:(66-68)
	77	Topics covered:
		❖ Birds (crow, parrot, sparrow, peacock)
General Awareness		Insects (bee, ant, butterfly, fly, spider).
		Book page no.: (54 to 57)
	October	Q: - In which country do you live?
		Ans: - I live in India.
		Q: - Name the National Flower of India?
		Ans: - It is Lotus.
		Q: - Who is the current Prime Minister of India?

		Ans: - Mr. Narendra Modi.	
Hindi Rhymes	October	दिवाली आई दिवाली, आई दिवाली, आई दिवाली रे I दीप जलाओ,ख़ुशी मनाओ आई दिवाली रे I खूब चले फुलझड़ी पटाखे, आई दिवाली रे I सबको बांटो खूब मीठाई,	
Activities/ Celebrations	October	 Math and science week (06.10.2025-10.10.2025) Currency week (13.10.2025-17.10.2025) Market scene (30.10.2025 - 31.10.2025) Diwali (17.10.2025) 	
Assessments	October	13.10.2025-17.10.2025	

NOVEMBER

SUBJECT	MONTH	TOPICS COVERED		
Language Development(English)	November	Communication Skills: Simple Commands: *Singing, Dancing, Picking, Dropping. Magic Words: Revision of previous words Sight words: This, That. Listening skills ORAL: Simple Instructions: *Move in single line. *Pick up your book. *Show me your nails. Rhymes: The Elephant. Stories: The elephant makes friends Book Page no.: 29 to 38) WRITTEN: S, T, U, V. Book page no.: - (62-74)		

Numerical Concepts (Math)	November	ORAL:
General Awareness	November	Topics covered:
Hindi rhymes	November	गुलाब का फूल मैं गुलाब का फूल बनूंगा, मधुर मधुर मुस्कुराऊंगा I पास मेरे जो तितली आए, उसको दोस्त बनाऊंगा I
Activities/ Celebrations	November	 Children Day (14.112025) Measurement activity (21.11.2025) Shows and tell competition (26.11.2025-28.11.2025) Story day (20.11.2025)
Assessments	November	3

DECEMBER

SUBJECT	MONTH	TOPICS COVERED
Language Development (English)	December	Communication Skills:

		*Throw the wrappers in the dustbin. *Chew properly. * Rhymes: I'm little pot * Story: The elephant makes friends. WRITTEN: * W, X, Y, Z Book page no.: 75 to 86.
Numerical Concepts(Math)	December	ORAL:
		Topics covered:
General Awareness	December	 Seasons (Summer Season, Winter Season, Rainy Season). Helpers: (doctor, nurse, maid, police, traffic police, teacher) Work book pages: (60 to 65). Q: - How many days make up a week? Ans: - Seven days make up a week. Q: - How many months make up a year? Ans: - Twelve months make up a year.
Fine Motor Skills	December	Drawing: Revision of Shapes.
Intellectual Development (Cognitive)	December	 Skills: Observation of Surroundings Listening to simple commands Eye Hand Co-ordination
Socio-Emotional Development	December	Self-awareness: *Respect every one and world will respect you. *Table Manners.
Gross Motor Skills (Physical Development)	December	 Running How to open and close water bottle properly Free play

Aesthetic Development	December	School song
Hindi Rhymes	December	मोटू राम चले सैर को मोटू राम, देखा एक लटकता आम झटपट चढ़ने लगे पेड़ पर, लड़ा ततेया गिरे धड़ाम
Activities/ Celebrations	December	*Class Quiz (15.12.2025) *Sports Day (19.12.2025- 26.12.2025) *Story day (22.12.2025) *Christmas (24.12.2025)
Assessments	G SCHO	08.12.2025-12.12.2025

Special notes: -

- There is no homework policy from kindergarten to class II, and activity-based teaching learning is followed.
- Kindly check student's diary for daily updates/ changes if any.